

6th IWAS WRIST ARTHROSCOPY COURSE Advanced Course





MadridWristCourse. May 19-21, 2021

C Course director. Pedro J. Delgado, MD

# **General information**

### **Course organization**

Hand Surgery and Microsurgery Unit Orthopedic Surgery and Traumatology Department HM Montepríncipe University Hospital. CEU San Pablo University Boadilla del Monte, Madrid, Spain

### Date

May 19-21, 2021 Cad-Lab. Surgical Skills Laboratory School of Medicine. San Pablo CEU University Campus of Boadilla del Monte, Madrid, Spain

### **Objective**

Advanced level course in arthroscopy and hand and wrist reconstructive surgery techniques. For doctors specializing in orthopedic surgery and traumatology, residents, physiotherapists and occupational therapists with special interest in hand and wrist surgery, especially arthroscopy-assisted techniques.

### **Technical secretary**

ATENTA Marketing inscripciones@atenta.es

### **Course data**

- Course of theory and practice in cad-lab: theoretical session, laboratory practices and workshops.
- **Day 1**: Theoretical session with lectures, clinical cases and surgical techniques. Theory with discussion and cross-fire sessions. Live questions "on-line". On-line via streaming is available.
- **Day 2:** Practical session in cad-lab. Practices of the surgical techniques presented are carried out by participants. The invited professors present a 5-minute video technique that the students will develop on the course. The estimated time per practice being 45-60 minutes. Masterclass in the laboratory by invited professors.
- **Day 3**: seminars and workshops about new techniques and specific implants.
- The official language of the course will be English, both for practical sessions as well as laboratory practices and workshops.
- For the practical part and workshops, it will be distributed to students by groups.
- Private area: on the course website and gives access to the recording of the lectures, video techniques and additional material. You need a personal access code.



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## **Special information COVID19**

- The course will be followed with the maximum security measures caused by the Covid-19 pandemic, following the current health regulations of the Community of Madrid and the Government of Spain.
- A specific Covid-19 PCR study will be requested, carried out 48 hours before the course.
- Specific Covid-19 security plus measures to avoid direct contact such as separation between each student in the auditorium.
- Maximum 2 participants for each arthroscopy table for the practical part in cad-lab.
- Small groups of 10 people maximum, for practical sessions and workshops.
- These measures can be modified by strict security measures.

### **Registration procedures and prices**

Full course:	€1,440.00 + VAT (limited places)
Theoretical classroom course:	€300.00 + VAT
On-line course:	€150.00 + VAT

(Course options may vary depending on government recommendations and current regulations caused by the Covid-19 pandemic)

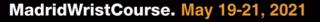
**Full course registration** includes attendance at the theory and cad-lab sessions for the 2 full days plus the workshop and seminars (morning or afternoon). Certificate of attendance, access to the website and video techniques, bus transfers to the course from the selected hotels and business coffee and lunch for the two days and one coffee during the workshops.

<u>Theoretical course registration</u> includes the theoretical session on day-1 in person without the possibility of access to practical sessions in cad-lab or workshops and seminars. Certificate of attendance, access to the web and the private area, bus transfers to the course from the selected hotels and business coffee and lunch on the first day.

<u>On-line course registration</u> includes to attend via streaming the theoretical session on day-1 without the possibility of access to the practical sessions or workshops and seminars. Certificate of attendance, access to the web and the private area.



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### **COMPLETE COURSE**

DAY	WED 19 <sup>TH</sup>	THURSDAY 20 <sup>TH</sup>		FRIDAY 21 <sup>ST</sup>	
Session	Theory	Cad-Lab	Workshop	Cad-Lab	Workshop
Morning		Group 1	Group 3	Group 3	Group 1
	All droups	Group 2		Group 4	
Afternoon	All groups	Group 1	Group 4	Group 3	Group 2
		Group 2		Group 4	

\*\* Day distribution by groups.

### **Scientific support**

IWAS (International Wrist Arthroscopy Society) SECMA (Spanish Society of Hand Surgery) AEA (Spanish Association of Arthroscopy) CEU San Pablo University HM Hospitales

## Validations





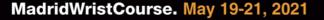
### Logistical support

DePuy-Synthes MedComTech Serhosa Störz Acumed Arthrex European Institute of Reconstructive Surgery (IECR)

> MADRID WRIST COURSE 2021 www.madridwristcourse.com



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# **Organizing Committee**

### **Course director**

Pedro J. Delgado, MD Head of the Orthopedic Surgery and Traumatology Department Head of the Hand Surgery and Microsurgery Unit HM Monteprincipe University Hospital. HM Nuevo Belen Hospital HM Hospitales Associate professor. School of Medicine. CEU San Pablo University Boadilla del Monte, Madrid, Spain

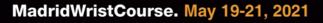
### **Scientific committee**

Pedro J. Delgado Belén García Medrano Fernando Polo Simón Federico A. Figueredo Mario Gil de Rozas Ricardo Kaempf



# Advances in hand and wrist arthroscopy

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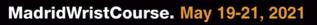
# **Speakers**

Andrea Atzei	Verona, Italy
Marcio A. Aita	Sao Paulo, Brazil
Vicente Carratalá	Valencia, Spain
Fernando Corella	Madrid, Spain
Pedro J. Delgado	Madrid, Spain
Mireia Esplugas	Barcelona, Spain
Gustavo Gómez	Buenos Aires, Argentina
Pak-Cheong Ho	Hong Kong, China
Ricardo Kaempf	Porto Alegre, Brazil
Sanjeev Kakar	Rochester, USA
Phillipe Liverneaux	Strasbourg, France
Christophe Mathoulin	Paris, France
Lorenzo Merlini	Paris, France
Belén García Medrano	Madrid, Spain
Fernando Polo	Madrid, Spain
Mark Ross	Brisbane, Australia

Due to mobility restrictions by Covid, some speakers will be present virtually



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WED 19 th	ADVANCED COURSE	FINAL PROGRAM		
08:00-08:15	Registration			
08:15-08:30	Welcome address and course presentation			
	DA	Y ONE - LECTURES		
Session 1: S	capholunate ligament reconstru	ction. Chairman: Fernando Corella		
08:30-08:45	Dorsal Intercarpal ligament avulsi	on and arthroscopic repair	Lorenzo Merlini	
08:45-09:00	Scapholunate Ligament Internal Brace 360-Degree tenodesis (SLITT) Procedure		Sanjeev Kakar	
09:00-09:15	Arthroscopic assisted dorsal & volar reconstruction for chronic SLD		Pak Cheong Ho	
09:15-09:30	Percutaneous scapholunoradial technique for SL reconstruction		Gustavo Gómez	
09:30-09:45	Arthroscopic volar and dorsal scapholunate ligamentoplasty. Is the internal brace useful?		Pedro J. Delgado	
09:45-10:00	S-shaped ligamentoplasty for chronic floating lunate		Fernando Corella	
10:00-10:40	Discussion & round table			
10:40-11:00	Conference: SL tears: from open dogma in anatomy and treatment	surgery to arthroscopic treatment, challenging	Christopho Mathoulin	
11:00-11:30	Coffee break			
Session 2: D	RUJ reconstruction and TFCC in	juries. Chairman: Vicente Carratalá		
11:30-11:45	Arthroscopic Foveal Repair for DF	RUJ Instability	Sanjeev Kakar	
11:45-12:00	Arthroscopic assisted tendon reco	onstruction for DRUJ instability	Andrea Atzei	
12:00-12:15	Arthroscopic TFCC reconstructior	n with tendon graft	Pak Cheong Ho	
			Vicente	
12:15-12:30	All-arthroscopic TFCC ligamentop	plasty for chronic DRUJ Instability	Carratalá	
12:15-12:30 12:15-13:00	All-arthroscopic TFCC ligamentop Discussion & round table	plasty for chronic DRUJ Instability	Carratalá	
12:15-13:00			Carratalá	
12:15-13:00	Discussion & round table	. Chairman: Mireia Esplugas	Marcio Aita	
12:15-13:00 Session 3: N	Discussion & round table ew concepts in ligament injuries Arthroscopic reconstruction of rac	. Chairman: Mireia Esplugas	Marcio Aita Sanjeev Kakar	
12:15-13:00 Session 3: N 13:00-13:15	Discussion & round table ew concepts in ligament injuries Arthroscopic reconstruction of rac	. Chairman: Mireia Esplugas licarpal ligaments nt of Ulnotriquetral Ligament Split Tears	Marcio Aita Sanjeev Kakar Marcio Aita	
12:15-13:00 Session 3: N 13:00-13:15 13:15-13:30	Discussion & round table ew concepts in ligament injuries Arthroscopic reconstruction of rac Tips and Tricks in the Manageme	Chairman: Mireia Esplugas  licarpal ligaments  nt of Ulnotriquetral Ligament Split Tears ue band. Indications and results	Marcio Aita Sanjeev Kakar Marcio	



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# **Advances in hand** and wrist arthroscopy

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14:30-15:15	Group photo & lunch			
Session 4: Scaphoid, distal radius fractures and sequelae. Chairman: Fernando Polo				
15:15-15:30	AARIF of Distal Radius Fractures – The "stepwise" approach	Mark Ross		
15:30-15:45	Minimally invasive osteosynthesis of DRF: from "proximal to distal" technique	Pedro J. Delgado		
15:45-16:00	Arthroscopic reconstruction of nonunion scaphoid in complex cases			
16:00-16:15	Dry arthroscopy in distal radius malunions	Mark Ross		
16:15-17:00	Discussion & round table			
17:00-17:20	Conference: Deliberate practice: a new method to teach trainees in Hand Surgery	Philippe Liverneaux		
Session 5: H	Session 5: Hand and wrist OA: Arthroscopic treatment. Chairman: Belén García Medrano			
17:20-17:35	Arthroscopic treatment of chondral injuries of the wrist	Pedro J. Delgado		
17:35-17:50	The SOAC wrist	Ricardo Kaempf		
17:50-18:05	Arthroscopic treatment of STT osteoarthritis	Andrea Atzei		
18:05-18:20	Arthroscopic treatment of CMC osteoarthritis with PRP membrane	Mireia Esplugas		
18:20-18:40	Influence of suspension system in the arthroscopic treatment of CMC OA	Fernando Polo		
18:40-19:00	Discussion & round table			
19:00	Day 1 closing sesión			



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THU 20th **ADVANCED COURSE FINAL PROGRAM** FRI 21st 08:15-08:30 Welcome address and course presentation **DAY TWO - HANDS-ON COURSE** Cad-Lab Lead faculty 08:30-Video-technique & practice #1: Scapholunate capsulodesis (single suture) Lorenzo Merlini 09:15 09:15-Vicente Carratalá Video-technique & practice #2: Dorsal capsulodesis (anchors fixation) 10:00 Video-technique & practice #3: TFCC foveal repair (transosseous & suture 10:00-Andrea Atzei 11:00 anchors) 11:00-Coffee break 11:30 11:30-Masterclass #1: Nanoendoscopy of the wrist and small joints Mirieia Esplugas 12:00 Video-technique & practice #4: Arthroscopic assisted fixation in DRF + 12:00-Pedro J. Delgado 13:00 **MIPO** 13:00-Video-technique & practice #5: Arthroscopic intercarpal fusion Fernando Corella 14:00 14:00-Lunch 14:45 15:00-Andrea Atzei Video-technique & practice #6: STT resection 16:00 16:00-Masterclass #2: Three-Step arthroscopic trapeziectomy technique **Fernando Corella** 16:45 Belén García 16:45-Video-technique & practice #7: CMC arthroscopy + suspension 17:45 Medrano 17:45-Masterclass #3: Distal radius osteotomy with guides PSI-NewClip Pedro J. Delgado 18:30 18:30-Masterclass #4: Total wrist arthplasty. MOTEK system Fernando Corella 19:00 19:00 Day 1 closing sesión. Closing remarks