



9º Congreso Conjunto  
AEA-SEROD  
Murcia 2022



Mesa Redonda: Choque intrarticular y extrarticular

Caso Clínico:  
Todo empezó con un inocente CFA “pincer”

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Cirugía de Preservación de Cadera

Barcelona

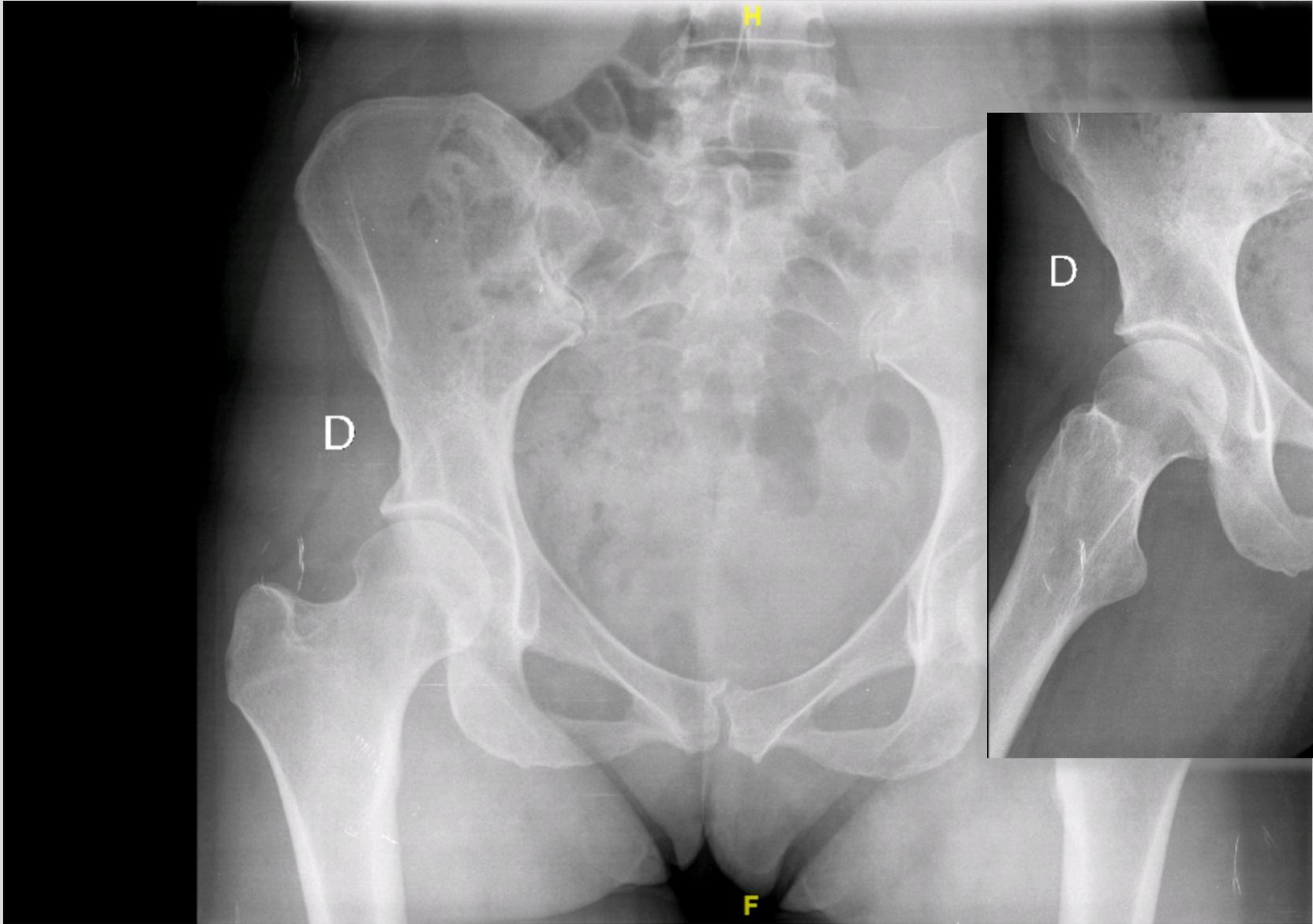


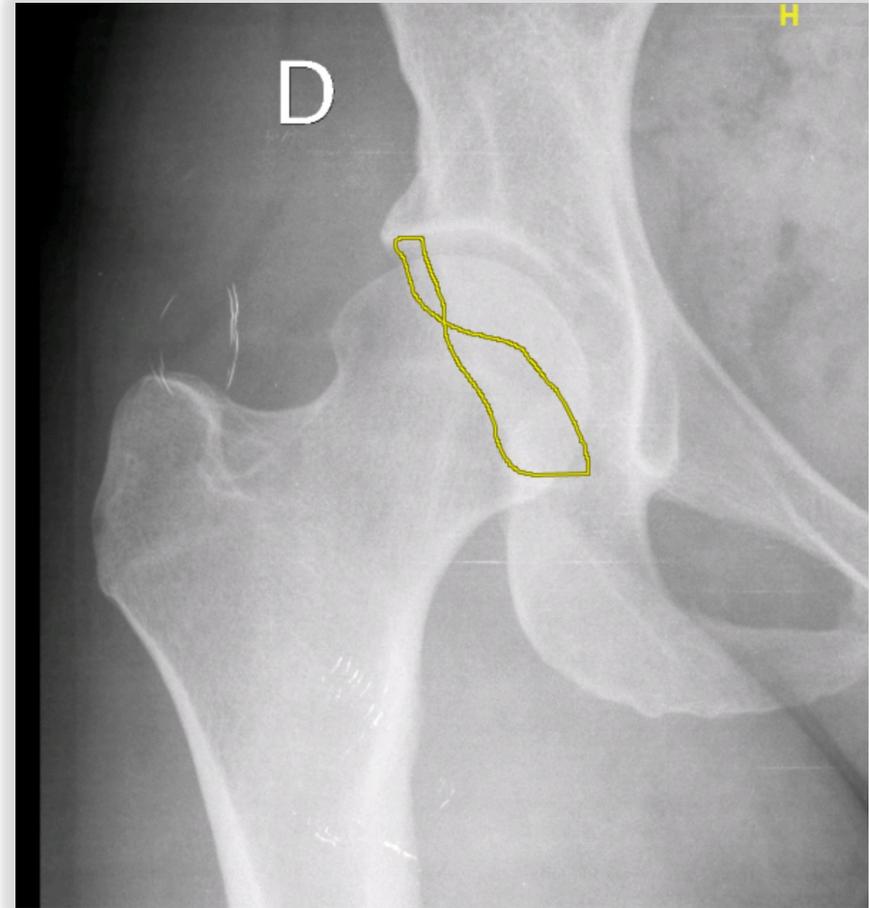
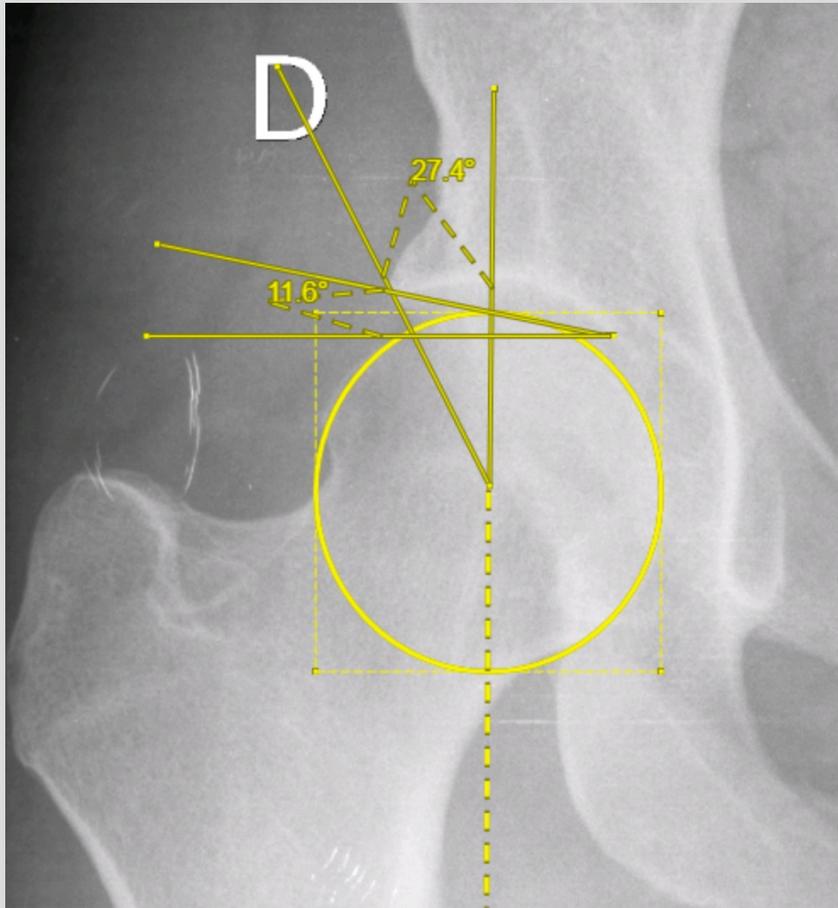


# Historia Clínica

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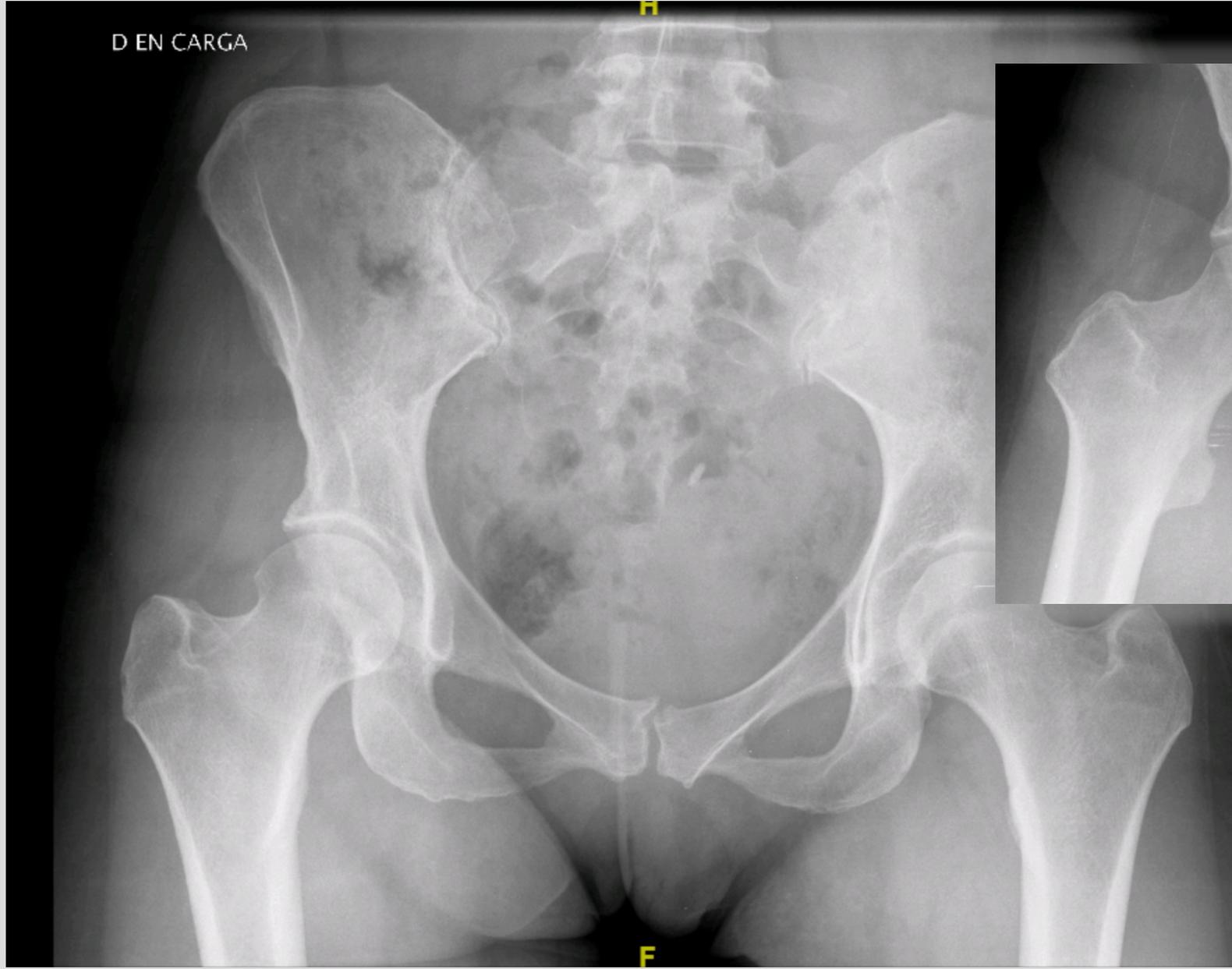
- Mujer de 39 años (2009)
- Auxiliar de enfermería
- (Sin nueve gatos ni pelos de colores)
- Dolor inguinal con actividades de la vida diaria
  - W: cuello azul
  - S: no
- Exploración Física:
  - Test impingement+, descompresión +, faber-

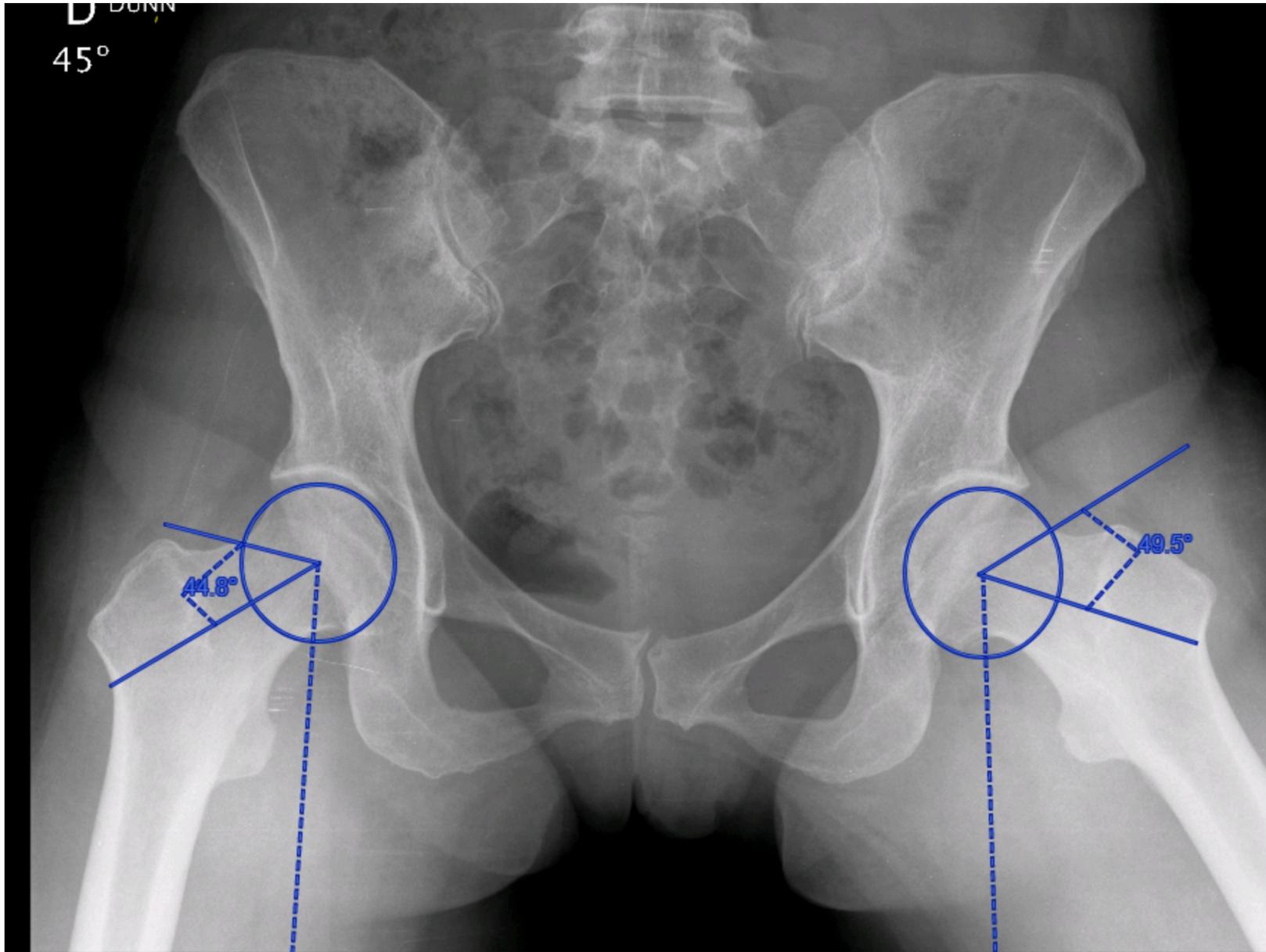






IQ Feb '10  
Labrum < 3mm  
Femoroplastia



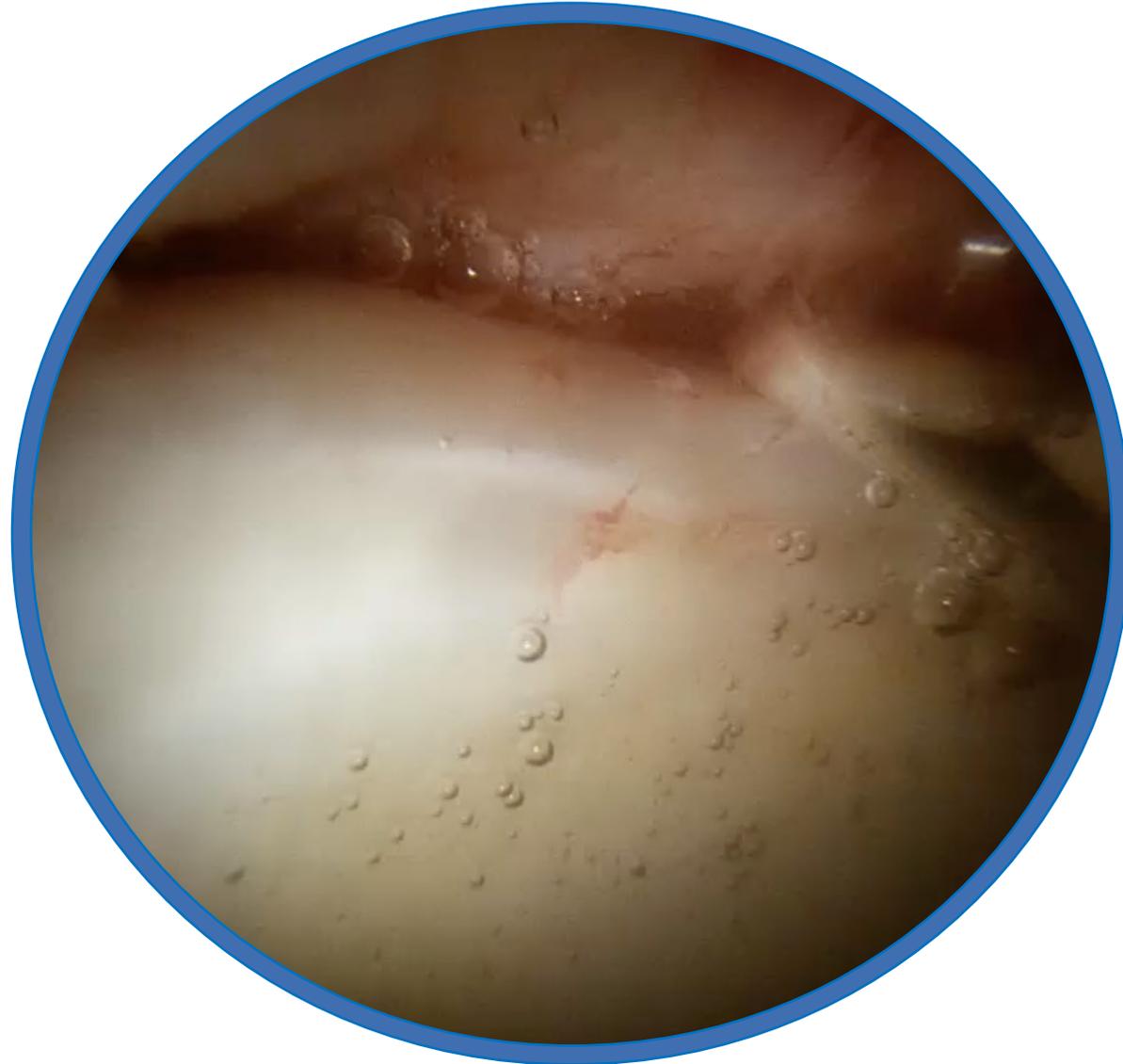


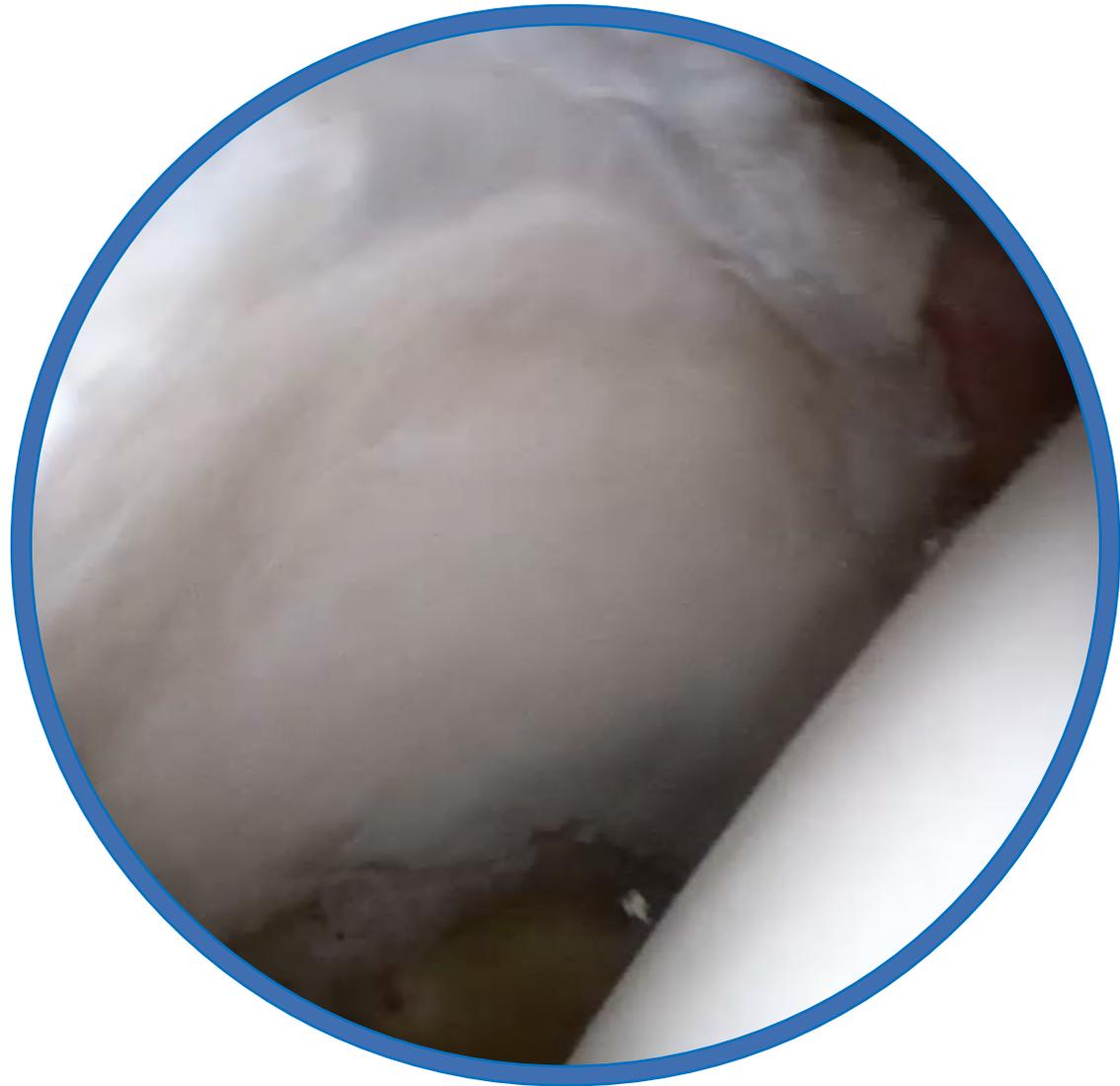
# 5 años después...

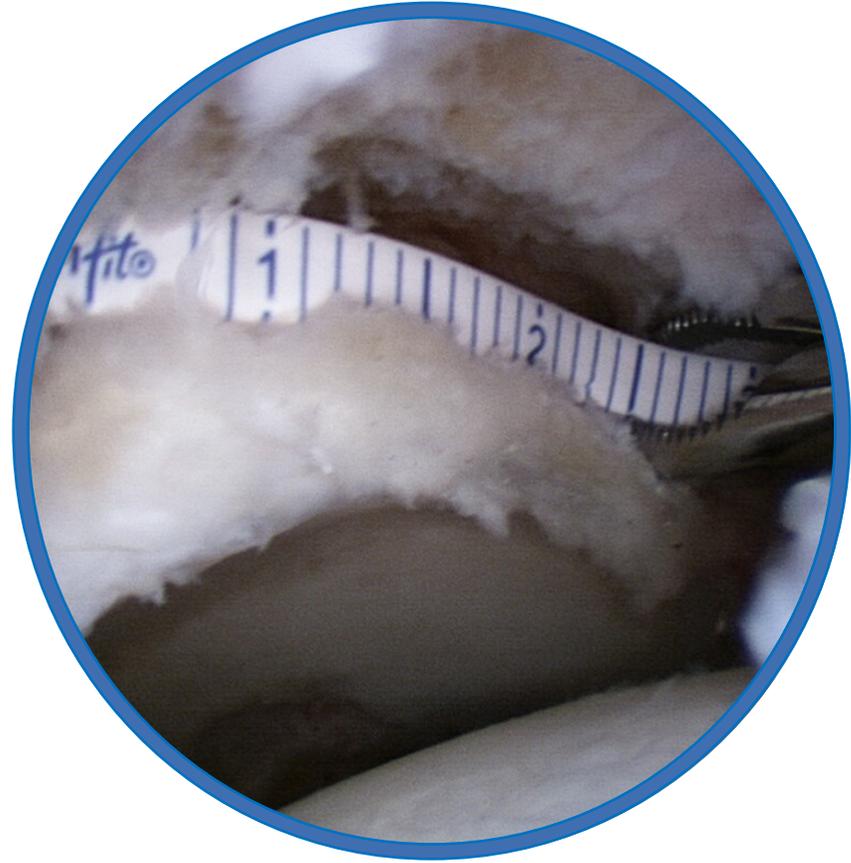
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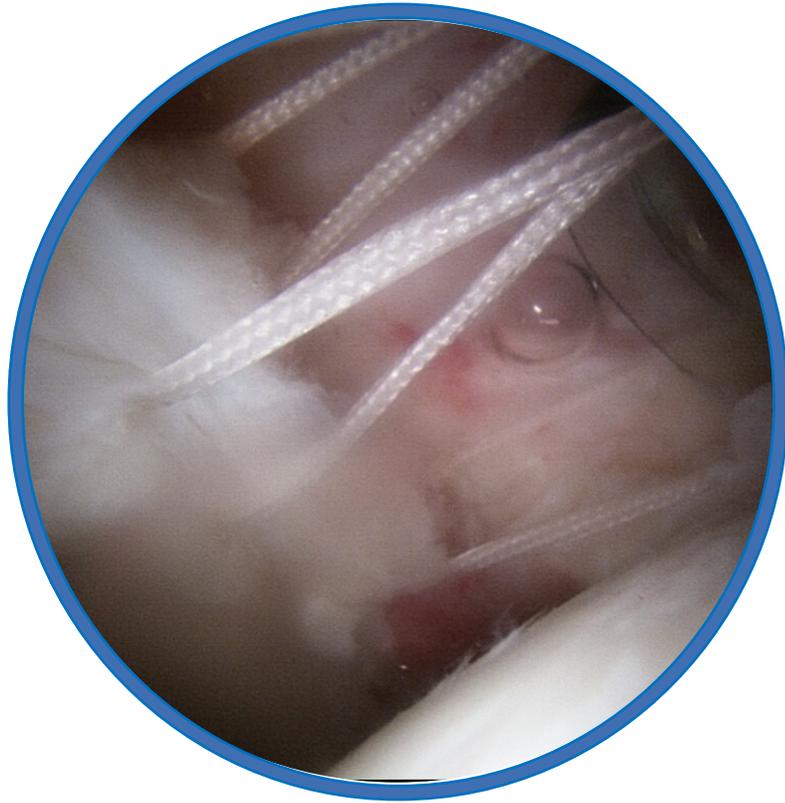
- Persiste dolor inguinal
- FADIR +, FABER +,
- Baja laboral / invalidez
- Demanda alternativa

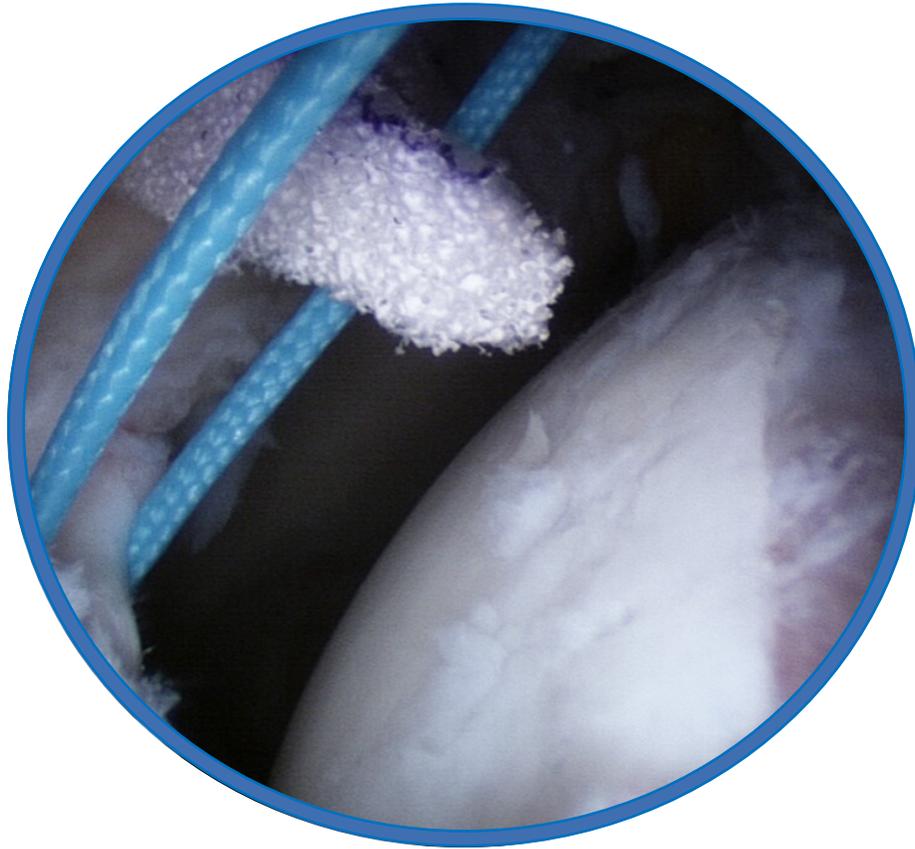














# Resultado a 6 años

- Dolor persiste
- Test impi-, faber-, diri-, dexri-

Functional scores 6 years			
NAHS	iHOT 33	HOS DLA	HOS SS
63	65	65	63



traumatologia

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