

Case Presentation: 34 years old man with a radial tear of the MM

- Non-contact, twisting injury to the left knee
- Symptoms: pain, swelling, inability to bear weight on the L knee
- Locking, unable to fully straighten or flex the knee



Physical Examination

- Painful ROM: 110°- 120°
- Pain at terminal flexion
- McMurray test positive
- Patellar apprehension test: negative
- Lachman test negative

Imaging Studies



- Radiographs normal
- Frontal plane alignment: normal
- Posterior tibial slope: normal











Findings at Arthroscopy

