### 9 Congreso AEA SEROD 2022 MURCIA

### Manejo quirúrgico de bridas del nervio ciático

Dr. Luis Pérez Carro

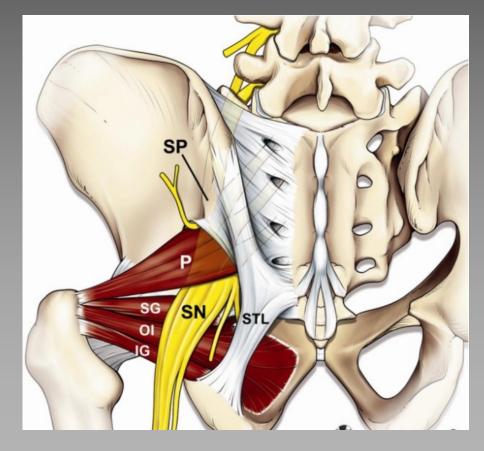
Dr. Jose Antonio Fernandez Divar

Santander. Spain

lpcarro@gmail.com

www.artroscopiaycadera.es







ISHA BOARD MEMBER
ISHA RESEARCH COMMITTEE
ISHA MEMBER AND FACULTY
ESKKA MEMBER AND FACULTY
ISAKOS MEMBER AND FACULTY
EDITORIAL BOARD CUADERNOS ARTROSCOPIA

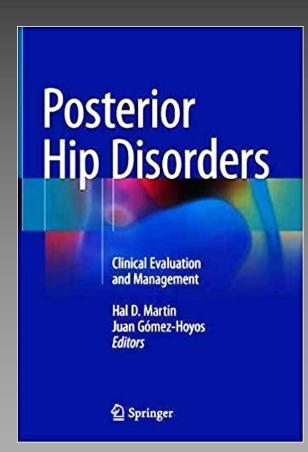
**Disclosed no conflict of interest** 

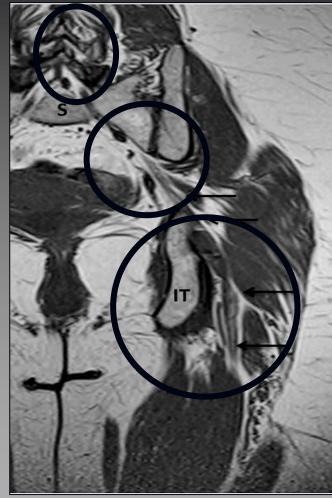
## Posterior Hip Pain: Etiology



### **Specific musculoskeletal entrapments**

- Piriformis syndrome
- Obturator internus and gemelli syndrome
- Fibrous bands
- Quadratus femoris. Ischiofemoral pathology
- Hamstring conditions
- Gluteal disorders
- Orthopedic causes: Back problems

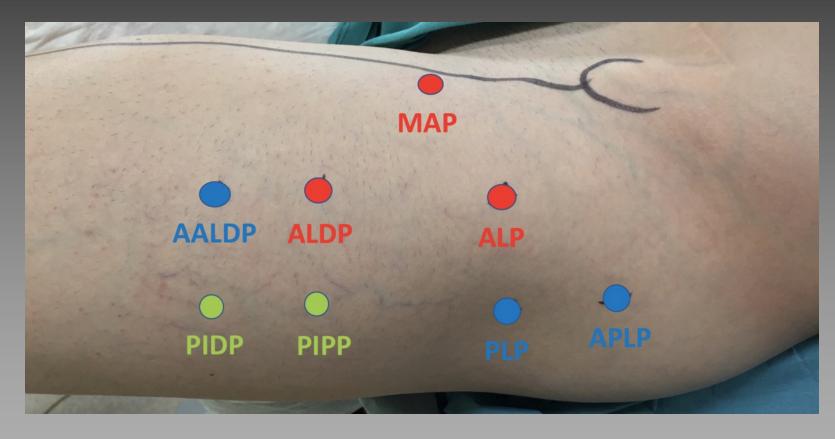




Moisés Fernandez, Luis Pérez Carro, Luis Cerezal Imaging Assessment in Posterior Hip Pathology Eds Hal Martin & J. Gomez Hoyos . Springer 2019

### DGS treatment: Portals

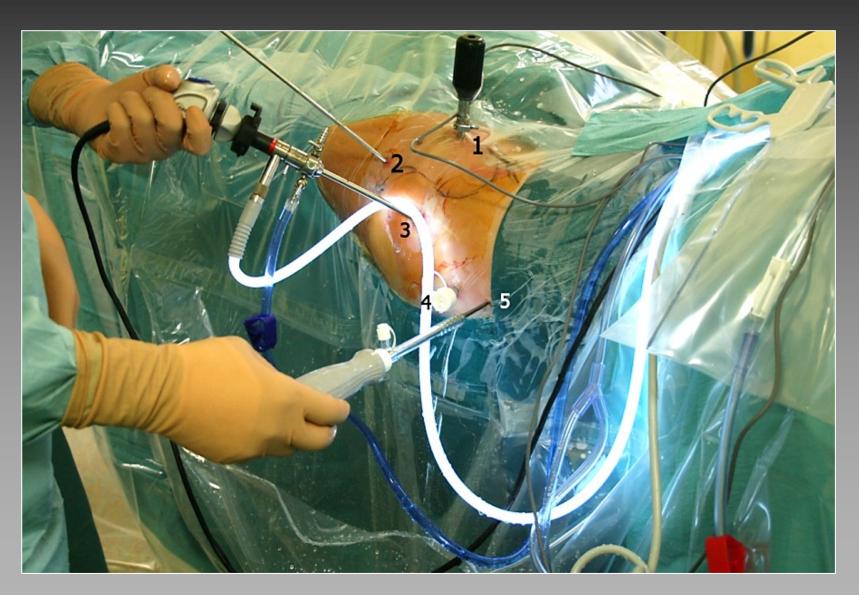






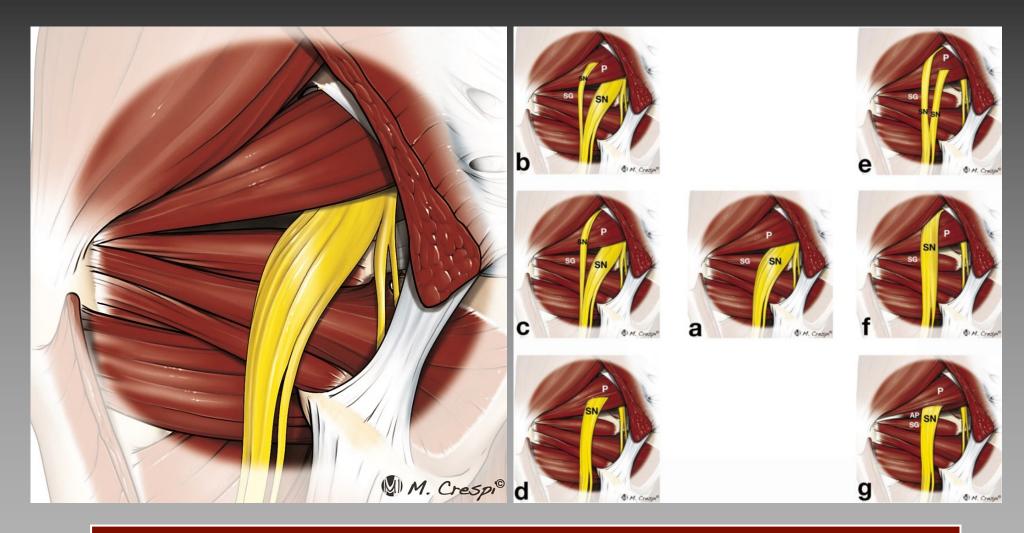
### DGS treatment: Portals





### 1.2 Anatomical variations sciatic nerve

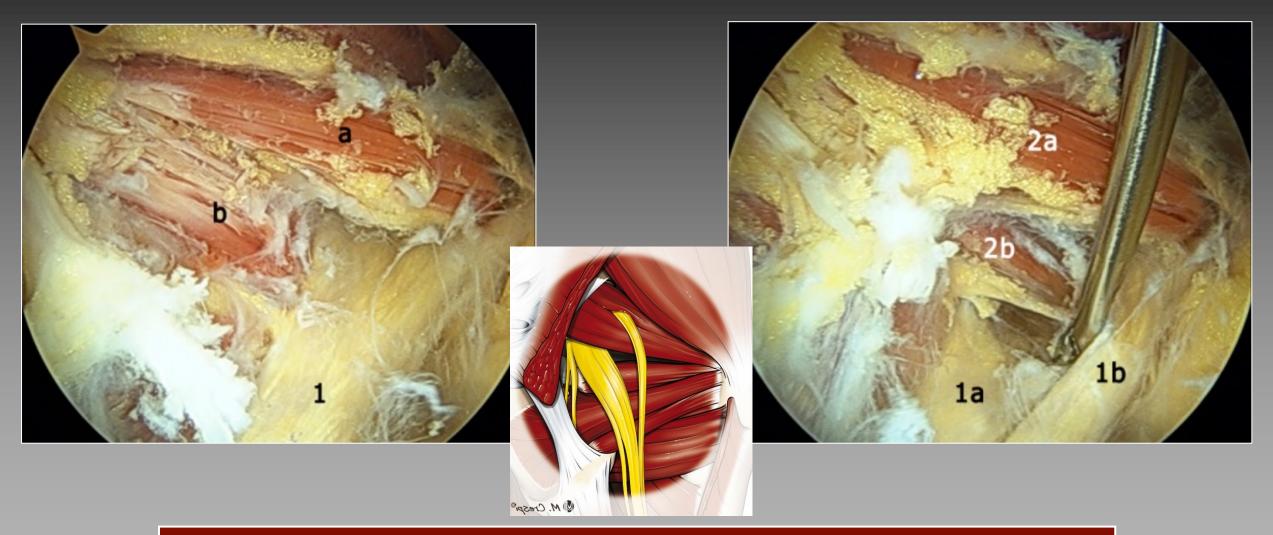




Deep gluteal syndrome: anatomy, imaging, and management of sciatic nerve entrapments in the subgluteal space M. Fernandez, L. Cerezal, L. Pérez Carro. Skeletal Radiology. July 2015

### 1.2 Anatomical variations sciatic nerve





Luis Pérez Carro, Moisés Fernandez, Luis Cerezal, Ivan Sáenz et al. Gross and Endoscopic Posterior Hip Anatomy Posterior Hip Pain. Eds Hal Martin & J. Gomez Hoyos . Springer 2019

### Fibrous bands: Macroscopic Structure



### **MACROSCOPIC STRUCTURE**: Three primary types of bands:

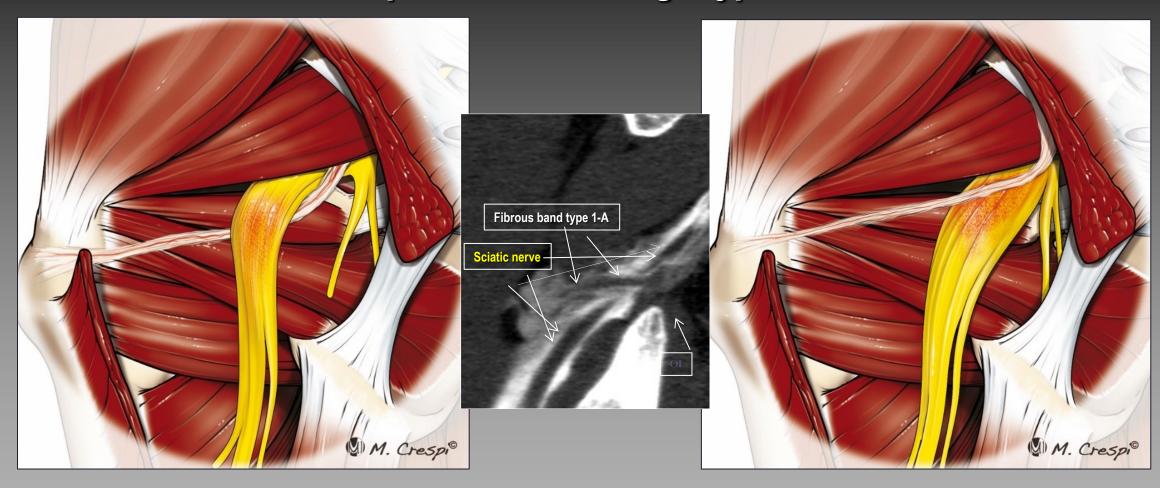
- Fibrovascular bands, with vessels macroscopically identifiable by MRI and endoscopy.
- Pure fibrous bands, without identifiable macroscopic vessels.
- Pure vascular bands, exclusively formed by a vessel without surrounding fibrous tissue.





# Pathogenic Mechanism. Type 1: Compressive or Bridge type





Deep gluteal syndrome: anatomy, imaging, and management of sciatic nerve entrapments in the subgluteal space
M. Fernandez, L. Cerezal, L. Pérez Carro. Skeletal Radiology. July 2015

## Adhesive:Type 2: Horse-strap



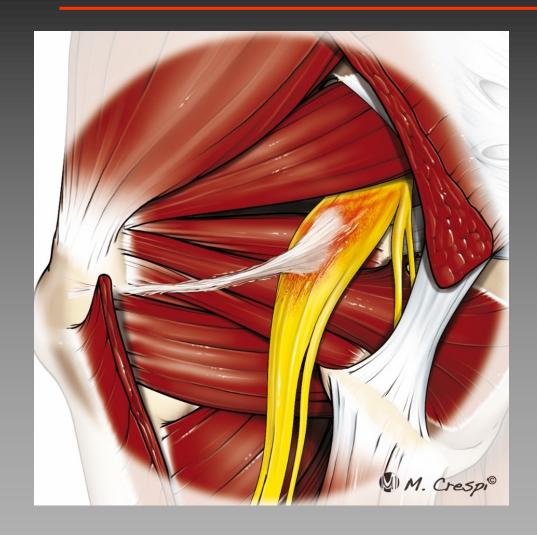
#### 2. Adhesive bands or horse-straps bands (type 2)

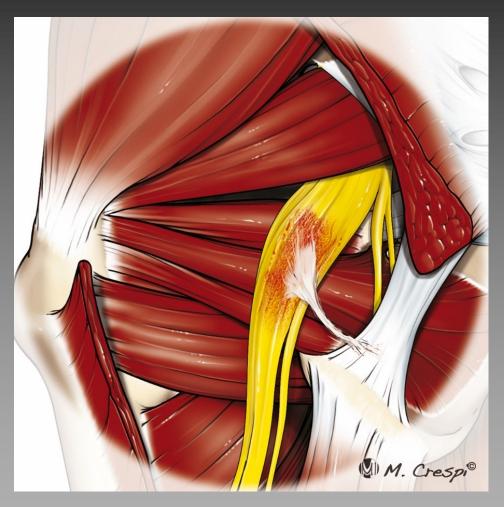
Endoscopically located in the same anteroposterior plane to the sciatic nerve and can be attached to it laterally, from the major trochanter (type 2A) or medially, from the sacrotuberous ligament (type 2B).



## Adhesive:Type 2: Horse-strap



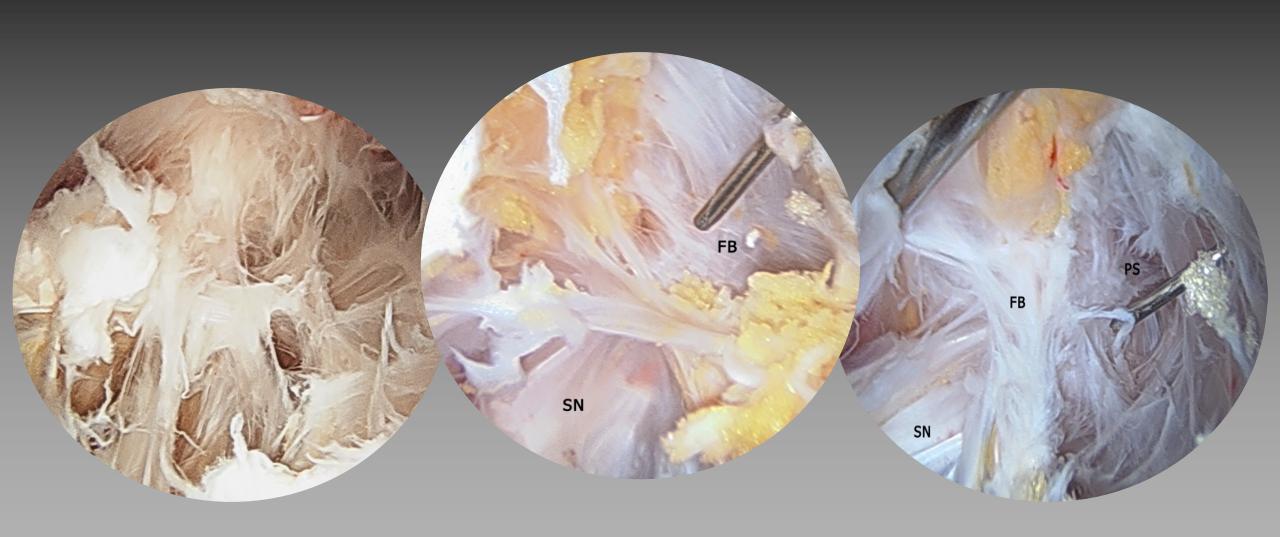




L. Perez Carro, M. Fernandez, L. Cerezal. Deep gluteal space problems: Piriformis syndrome, ischiofemoral impingement and sciatic nerve release. Muscle, ligaments, tendons 2016

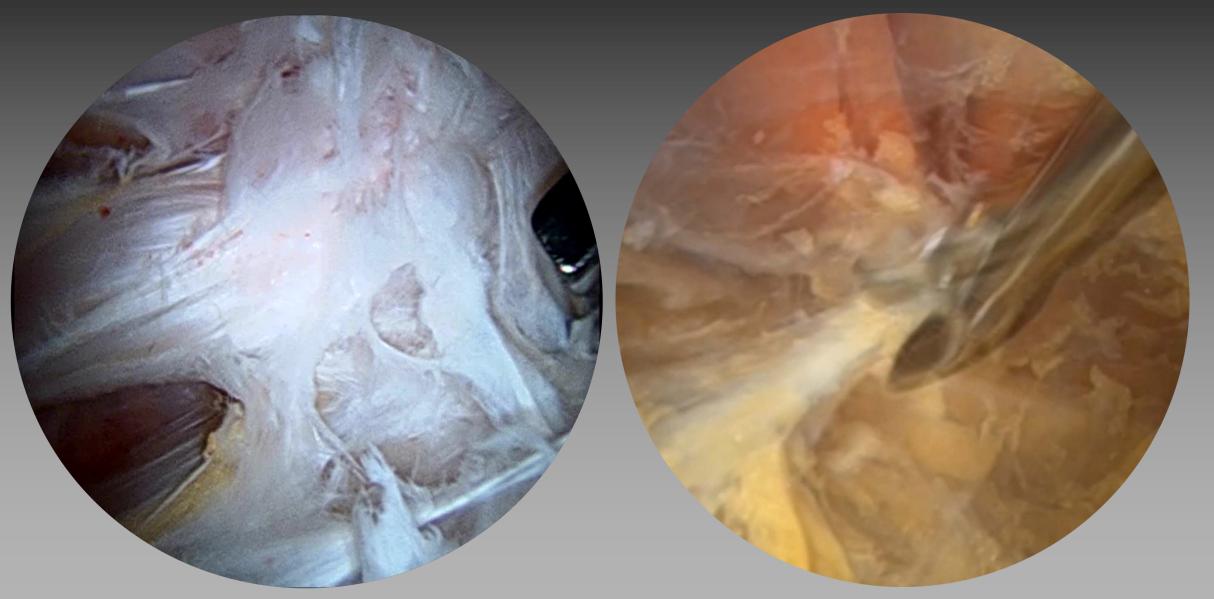
# Type 3: Complex



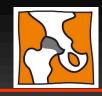


# Sciatic Neurolysis





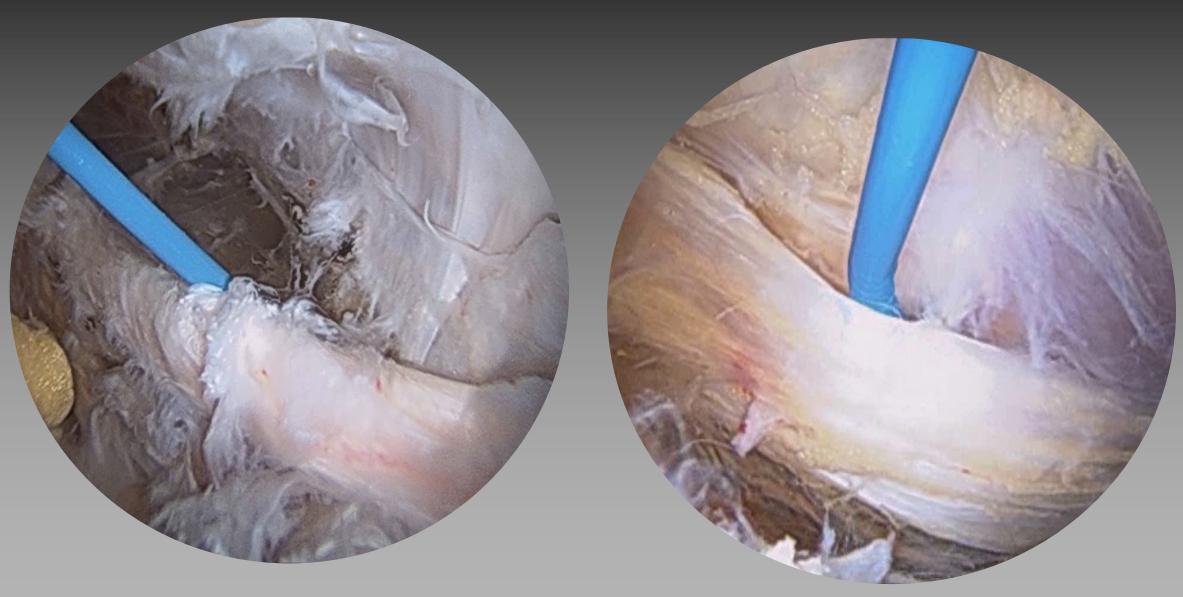
# Sciatic Neurolysis





# Sciatic Neurolysis



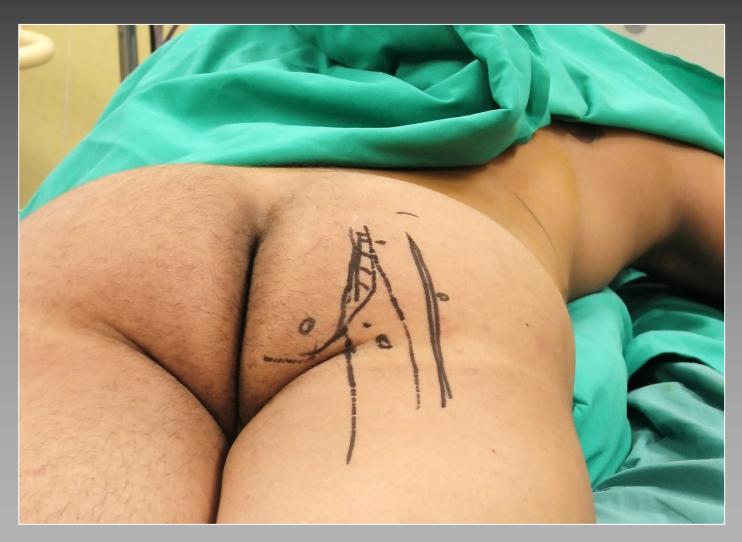


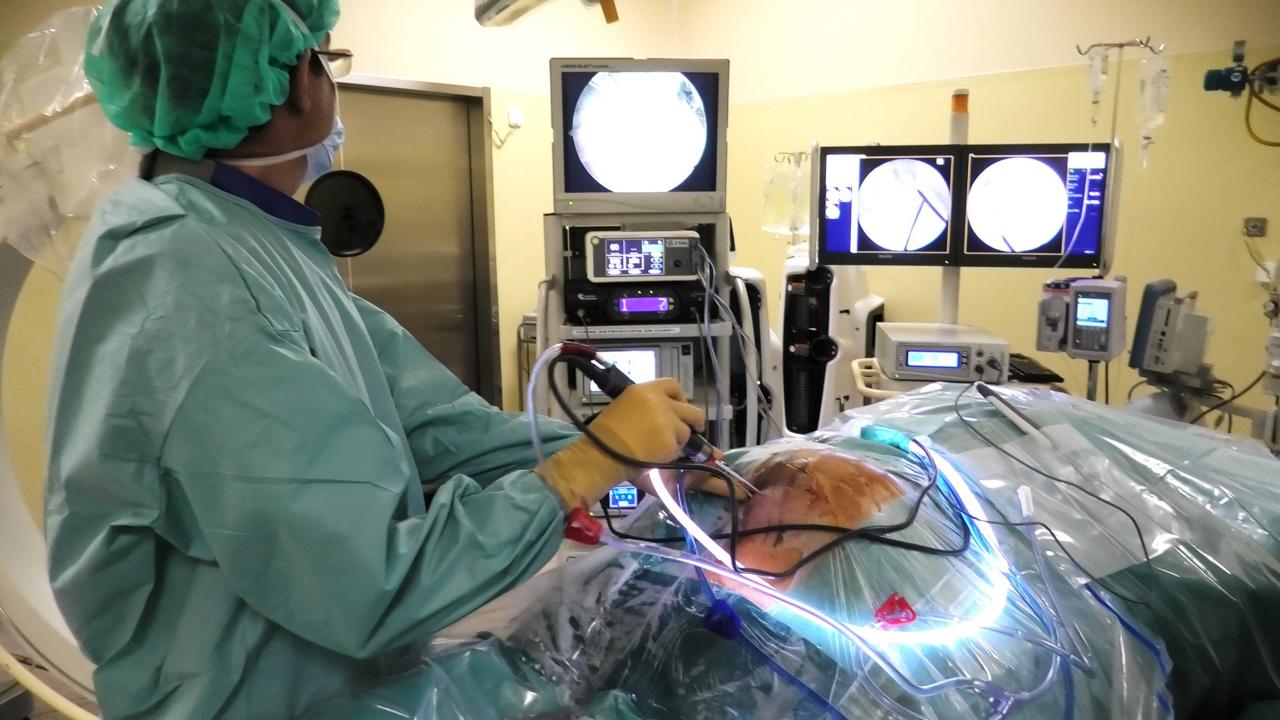
## Hamstring: Prone position





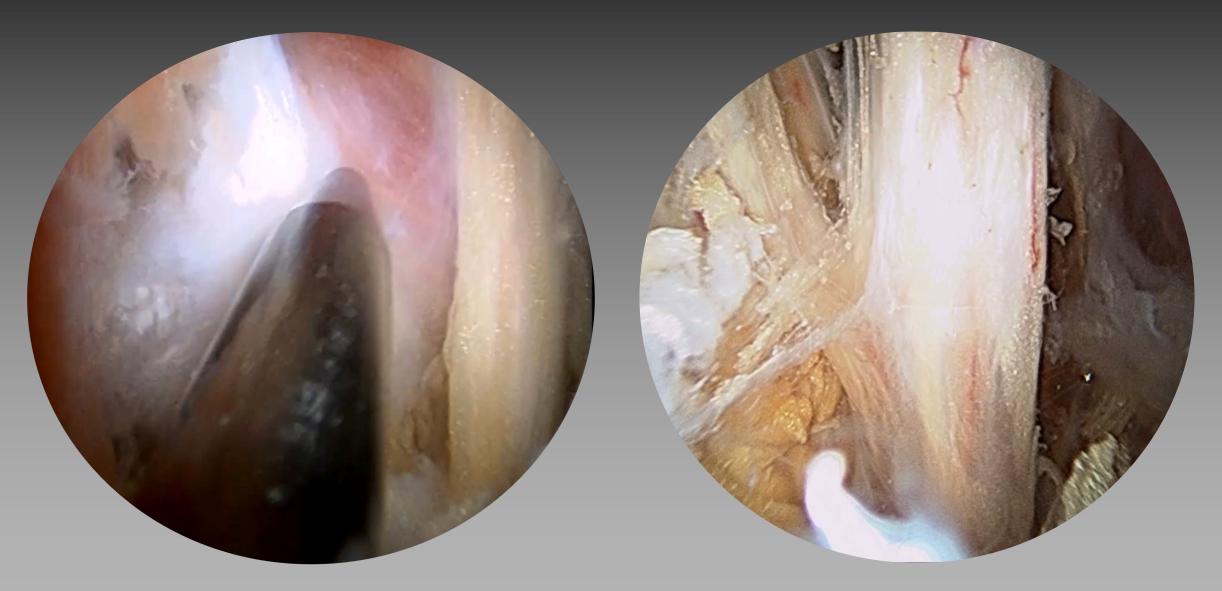
- Medial 2cm medial to IT
- Lateral 2cm lateral to IT
- Inferior 4cm distal to IT
- Superior- 2-4 cm proximal





# Hamstring: Prone position







ISHA 2022 Annual Scientific Meeting



