

Santander HIP Meeting 2019

HIP ARTHROSCOPY AND NEW TRENDS IN HIP SURGERY

10TH EDITION

**and 5th Course video technique GIPCA group
(Grupo Ibérico de Preservación de Cadera y Artroscopia)**



14-15 FEBRERO/FEBRUARY 2019

LANGUAGES: SPANISH/ENGLISH

SEDE/VENUE: HOTEL BAHIA • SANTANDER (SPAIN)

ISHA APPROVED COURSE

UNDER THE PATRONAGE OF ESSKA

ISAKOS APPROVED COURSE



With the support of the Spanish Arthroscopy Association (AEA) and Spanish Association of Orthopaedic Surgeons (SECOT)

DIRECTOR / CHAIRMAN

Dr. Luis Pérez Carro (España/Spain)

www.santanderhipmeeting.com

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SANTANDER INTERNATIONAL HIP MEETING 2019 10TH EDITION

14-15 Febrero/February 2019

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WELCOME ADDRESS

Dear Colleagues:

On behalf of the Organizing Committee, it is my great pleasure to welcome you to Santander and to the 10th Santander International Hip Meeting, focused on hip arthroscopy and hip joint preservation.

This symposium has been planned for orthopaedic surgeons and other health care professionals involved in hip arthroscopy and arthroplasty and is a response to the need for education in the diagnosis and management of a variety of new joint conditions and to update hot topics in Arthroplasty.

After participating in this 2 days program you will better able to define and implement arthroscopy techniques in your practice as well as the advantages of different surgical techniques and to know the new technologies currently available in arthroscopic hip surgery, hip joint preservation and hip joint prostheses. The distinguished speaking faculty has been selected for their outspoken opinions.

We look forward to welcoming you to Santander in February 2019.

Dr. Luis Pérez Carro
Chairman Santander Hip Meeting



FACULTY

RAFA ARRIAZA (SPAIN)

FILIEP BATAILLIE (BELGIUM)

NICOLAS BONIN (FRANCE)

PATRICK CARTON (IRELAND)

LUIS CEREZAL (SPAIN)

PEDRO DANTAS (PORTUGAL)

MICHAEL DIENST (GERMANY)

BORIS GARCÍA (SPAIN)

JUAN GÓMEZ-HOYOS (COLOMBIA)

DAMIAN GRIFFIN (UK)

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MOISÉS HERNANDO FDEZ. (SPAIN)

LAFAYETTE LAGE (BRASIL)

HAL DAVID MARTIN (USA)

OLIVER MARÍN (SPAIN)

JESÚS MAS (SPAIN)

DEAN MATSUDA (USA)

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PAULO REGO (PORTUGAL)

MARC TEY (SPAIN)

RAÚL TORRES (SPAIN)

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SCIENTIFIC PROGRAM

WEDNESDAY 13 FEBRUARY 2019

- ✿ 17.00-19.30: Registration

THURSDAY 14 FEBRUARY 2019

- ✿ 7.00-7.50: Registration
- ✿ 7.50: Welcome

SESSION 1: THE BASICS: ANATOMY, IMAGING, EXAMINATION, INDICATIONS, TECHNIQUE

Moderation: **Dr. Raúl Torres**

- ✿ 7.50-7.58: Normal intrarticular arthroscopic anatomy:
Dr. Luis Pérez Carro
- ✿ 7.59-8.07: Hip ultrasound anatomy and ultrasound guided hip injections:
Dr. Luis Cerezal
- ✿ 8.08-8.16: Clinical examination of the hip: Video technique:
Dr. Patrick Carton
- ✿ 8.17-8.25: Pitfalls in MR of the hip: **Dr. Luis Cerezal**
- ✿ 8.26-8.34: Arthroscopic surgical technique, is there a gold standard?:
Dr. Damian Griffin
- ✿ 8.35-8.40: Simultaneous bilateral hip arthroscopy: Videotechnique:
Dr. Dean Matsuda
- ✿ 8.41-8.49: Hip arthroscopy and patient selection. Who's at risk of having a poor outcome?: **Dr. Hal Martin**
- ✿ 8.50-8.58: Hip arthroscopy as treatment for hip pain: Are the indications still increasing?: **Dr. Michael Dienst**
- ✿ 9.00-9.10: **Discussion**

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SESSION 2: FAI SYNDROME

Moderation: **Dr. Oliver Marín**

GENERAL ISSUES

- ✿ 9.11-9.19: Warwick Agreement and UK Fashion trial on FAI syndrome: **Dr. Damian Griffin**
- ✿ 9.20-9.28: Appropriateness criteria for hip arthroscopy in patients with femoroacetabular impingement: **Dr. Boris García**
- ✿ 9.29-9.37: Imaging of the Hip: Recommendations: **Dr. Michael Dienst**
- ✿ 9.38-9.46: Hip spine syndrome: **Dr. Filiep Bataille**
- ✿ 9.47-9.55: Hip outcomes scores and results: **Dr. Pedro Dantas**
- ✿ 9.56-10.04: Clinical Presentation, diagnosis and pathogenesis of sports related Femoro-Acetabular Impingement: **Dr. Patrick Carton**
- ✿ 10.05-10.15: **Discussion**
- ✿ 10.15-10.40: Coffee Break and Commercial Exhibition

Moderation: **Dr. Rafael Arriaza**

CAM

- ✿ 10.40-10.48: How to identify and know the safe limits of resection: The "Bermuda triangle" and the "Omega angle": **Dr. Paulo Rego**
- ✿ 10.49-10.57: Arthroscopic Cam-Resection: Approach and steps: **Dr. Michael Dienst**
- ✿ 10.58-11.06: In search of the spherical femoroplasty: How much bone and where: **Dr. Nicolas Bonin**
- ✿ 11.07-11.15: Surgical dislocation of the hip: Indications in FAI and avoiding and treating complications. Anatomy and technique: **Dr. Paulo Rego**

✿ **PINER**

- 11.16-11.24: Arthroscopic Pincer-Resection: **Dr. Michael Dienst**



- ✿ 11.25-11.33: How I manage extreme global acetabular overcoverage:
Dr. Dean Matsuda
- ✿ 11.34-11.42: Rim morphology and arthroscopic findings: **Dr. Patrick Carton**
- ✿ 11.43-11.49: Videotechnique. Os acetabuli: Excision or fixation?:
Dr. Raúl Torres
- ✿ 11.50-12.00: **Discussion**

SESSION 3: LABRUM AND CARTILAGE PROBLEMS

Moderation: **Dr. Marc Tey**

THE LABRUM

- ✿ 12.01-12.10: Diagnosis of labral and chondrolabral lesions: Medical Imaging and classification: **Dr. Luis Cerezal**
- ✿ 12.11-12.20: Arthroscopic classification, localization of acetabular labral tears and rational operative technique for preserving the chondrolabral interface for labral repair: **Dr. Patrick Carton**
- ✿ 12.21-12.26: Acetabular labral reconstruction: **Dr. Dean Matsuda**
- ✿ 12.27-12.35: Types of anchors: What you should know: **Dr. Pedro Dantas**
- ✿ 12.36-12.44: Labrum repair without traction : **Dr. Hal Martin**
- ✿ 12.45-12.50: Videotechnique: TALR technique: Transacetabular repair without anchors: **Dr. Luis Pérez Carro**

CARTILAGE PROBLEMS

- ✿ 12.51-12.59: Femoroacetabular impingement and borderline arthritis. Limits: **Dr. Juan Ribera**
- ✿ 13.00-13.08: How should we treat a chondral flap: **Dr. Nicolás Bonin**
- ✿ 13.09-13.17: Latest technological advances in the treatment of hip chondral lesions: **Dr. Marc Tey**
- ✿ 13.18-13.26: Cartilage management with chitosan based scaffold: Videotechnique and first results: **Dr. Jesús Mas**

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- ✿ 13.27-13.34: Cartilage repair with fat derived MSCs: Videotechnique:

Dr. Damian Griffin

- ✿ 13.35-13.45: **Discussion**

- ✿ 13.45-14.30: **Lunch**

- ✿ 14.30-15.00: Pit stop with coffee to hearing the latest from our partners in industry

- Update on new materials and tools: **Conmed**
- Update on new materials and tools: **MBA**
- Update on new materials and tools: **Smith and Nephew**
- Update on new materials and tools: **Storz**
- Update on new materials and tools: **Stryker-Pivot**
- Update on new materials and tools: **Zimmer-Biomet**
- Others to be confirmed

SESSION 4: REVISION HIP ARTHROSCOPY

Moderation: **Dr. Jesús Mas**

- ✿ 15.00-15.08: FAI: Methods to assess quality of surgical correction and cartilage in failed hip Arthroscopy: **Dr. Luis Cerezal**
- ✿ 15.09-15.17: Management of persistent pain after hip arthroscopy:
Dr. Michael Dienst
- ✿ 15.18-15.23: **Discussion**

SESSION 5: EXTRARTICULAR HIP IMPINGEMENT AND SOFT TISSUE PROBLEMS

Moderation: **Dr. Jesús Mas**

PSOAS IMPINGEMENT

- ✿ 15.24-15.33: Gross anterior anatomy of the hip: **Dr. Juan Gómez-Hoyos**
- ✿ 15.34-15.43: Medical imaging: **Dr. Moisés Hernando**
- ✿ 15.44-15.50: Iliopsoas pathology: Prevalence, associated findings, and surgical procedures: Multicenter observational study: **Dr. Dean Matsuda**

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SUBSPINE IMPINGEMENT:

- ✿ 15.51-15.58: Definition and diagnosis: **Dr. Oliver Marín**
- ✿ 15.59-16.03: Type 3: Intrarticular excision: Videotechnique:
Dr. Raúl Torres
- ✿ 16.04-16.08: Type 3: Extrarticular excision: Videotechnique:
Dr. Patrick Carton

ISCHIOFEMORAL IMPINGEMENT:

- ✿ 16.09-16.17: Medical imaging: **Dr. Moisés Hernando**
- ✿ 16.18-16.26: Surgical treatment: **Dr. Hal Martin**

TROCHANTERIC-PELVIC IMPINGEMENT:

- ✿ 16.27-16.35: Surgery for complex morphology with trochanteric-pelvic impingement: **Dr. Paulo Rego**

DEEP GLUTEAL SYNDROME

- ✿ 16.36-16.44: Medical imaging: **Dr. Moisés Hernando**
- ✿ 16.45-16.53: Physical exam of posterior hip pain: **Dr. Juan Gómez-Hoyos**
- ✿ 16.54-17.02: Gross and endoscopic posterior hip anatomy:
Dr. Luis Pérez Carro
- ✿ 17.03-17.11: Endoscopic and open surgery for subgluteal problems and sciatic nerve decompression: When and how: **Dr. Hal Martin**

PROXIMAL HAMSTRING TEARS: FROM ANATOMY TO SURGICAL REPAIR

- ✿ 17.12-17.20: Physical examination and gross anatomy:
Dr. Juan Gómez-Hoyos
- ✿ 17.21-17.29: Conservative or surgical repair of proximal hamstring rupture?: **Dr. Rafa Arriaza**
- ✿ 17.30-17.38: Endoscopic repair: **Dr. Filiep Bataille**
- ✿ 17.39-17.47: Open surgery: When and how: **Dr. Juan Gómez-Hoyos**

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- ✿ 17.48-17.53: Posterior Snapping: Videotechnique: **Dr. Rafa Arriaza**
- ✿ 17.54-18.04: **Discussion**
- ✿ 18.05-18.20: Coffee Break and Commercial Exhibition

SESSION 6: PEDIATRIC HIP DISEASE

Moderation: **Dr. Juan Ribera**

- ✿ 18.21-18.29: Slipped Capital Femoral Epiphysis: When scope when open and when to add other procedures in case of instability after anatomic reduction: **Dr. Paolo Rego**
- ✿ 18.30-18.38: Adolescent FAI: Definition and treatment: **Dr. Damian Griffin**
- ✿ 18.39-18.47: Perthes disease sequels treatment: **Dr. Paolo Rego**
- ✿ 18.48-18.53: **Discussion**

SESSION 7: PERITROCHANTERIC SPACE

Moderation: **Dr. Juan Ribera**

- ✿ 18.54-19.00: Gross anatomy: **Dr. Juan Gómez-Hoyos**
- ✿ 19.00-19.08: Gluteal fibrosis and lateral snapping: **Dr. Pedro Dantas**
- ✿ 19.09-19.15: Endoscopic gluteus medius repair: Videotechnique: **Dr. Luis Pérez Carro**
- ✿ 19.16-19.20: Gluteus maximus transfer for gluteus medius insufficiency: **Dr. Juan Gómez-Hoyos**
- ✿ 19.20-19.25: **Discussion**
- ✿ 19.25-19.35: Guest Lecture: Healthcare management: Knowledge of the environment: **Amando Rodríguez** : CEO Recoletas Group.

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FRIDAY 15 FEBRUARY 2019

- ✿ 7.00-7.50: Registration
- ✿ 7.50: Welcome

SESSION 8: CORE MUSCLE INJURY/ATHLETIC PUBALGIA

Moderation: **Dr. Luis Pérez Carro**

- ✿ 7.50-7.58: Hip, spine, pelvis and core. **Dr. Hal Martin**
- ✿ 7.59-8.07: Athletic Pubalgia: Definition, physical examination and open technique: **Dr. Rafa Arriaza**
- ✿ 8.08-8.16: Endoscopic repair of distal rectus abdominis and plate avulsion and endoscopic pubic symphysectomy: **Dr. Dean Matsuda**
- ✿ 8.17-8.22: **Discussion**

SESSION 9: FEMORAL AND ACETABULAR ROTATIONAL/VERSION PROBLEMS

Moderation: **Dr. Luis Pérez Carro**

- ✿ 8.23-8.31: Femoral version: Clinical, medical imaging and treatment: **Dr. Hal Martin**
- ✿ 8.32-8.40: Hip arthroscopy for impingement due to low femoral torsion: **Dr. Damian Griffin**
- ✿ 8.41-8.49: Derotational osteotomies: Indications, videotechnique and results: **Dr. Hal Martin**
- ✿ 8.50-8.55: **Discussion**

SESSION 10: HIP INSTABILITY

Moderation: **Dr. Boris García**

TERES LIGAMENT

- ✿ 8.56-9.04: Medical imaging: **Dr. Luis Cerezal**
- ✿ 9.05-9.13: Function and clinical relevance of the ligament teres: **Dr. Hal Martin**

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- ✿ 9.13-9.21: Arthroscopic classification and treatment : From debridement to reconstruction: **Dr. Luis Pérez Carro**

HIP NONSTRUCTURAL INSTABILITY

- ✿ 9.22-9.30: Medical imaging: **Dr. Luis Cerezal**
- ✿ 9.31-9.39: Anatomy and function of hip ligaments: **Dr. Hal Martin**
- ✿ 9.40-9.48: The effect of routine capsular repair on clinical outcome following arthroscopic FAI correction: **Dr. Patrick Carton**
- ✿ 9.49-9.58: Arthroscopic management of hip instability: **Dr. Hal Martin**

DYSPLASTIC HIP

- ✿ 9.59-10.07: Indications for hip arthroscopy in dysplasia: When and how: **Dr. Nicolas Bonin**
- ✿ 10.08-10.16: Hip Dysplasia: Prevalence, associated findings, procedures and outcomes from large multicenter arthroscopy study group: **Dr. Dean Matsuda**
- ✿ 10.17-10.25: Periacetabular osteotomy: Indications, contraindications and avoiding and treating complications: **Dr. Paulo Rego**
- ✿ 10.26-10.34: Hip Dysplasia: Spectrum of arthroscopic treatments: Capsular plication, endoscopic shelf acetabuloplasty, and endoscopic assisted PAO: **Dr. Dean Matsuda**
- ✿ 10.35-10.45: **Discussion**
- ✿ 10.45-11.10: Coffee Break and Commercial Exhibition

SESSION 11: SPECIAL INDICATIONS AND HOT TOPICS IN THE HIP

Moderation: **Dr. Rafa Arriaza**

- ✿ 11.11-11.19: Synovial disorders in the hip joint: **Dr. Michael Dienst**
- ✿ 11.20-11.28: Osteonecrosis of the hip: Arthroscopic techniques: **Dr. Hal Martin**

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- ✿ 11.29-11.37: Complications in hip arthroscopy: **Dr. Marc Tey**
- ✿ 11.38-11.43: How to safely place anchors around the entire acetabulum and options for chondral penetration and condral deformation:
Dr. Dean Matsuda
- ✿ 11.44-11.52: Rehabilitation depending on your findings at surgery:
Dr. Hal Martin
- ✿ 11.53-12.00: **Discussion**

SESSION 12: FRACTURES AND ARTHROPLASTY

Moderation: **Dr. Rafa Arriaza**

FRACTURES

- ✿ 12.01-12.09: Hip dislocations and fractures: When and how to scope:
Dr. Pedro Dantas
- ✿ 12.10-12.18: Arthroscopy for hip trauma cases and arthroscopic osteosynthesis of femoral head fractures: **Dr. Dean Matsuda**
- ✿ 12.19-12.24: **Discussion**

ARTHROPLASTY

Moderation: **Dr. Oliver Marín**

- ✿ 12.25-12.32: MR in Arthroplasty: **Dr. Luis Cerezal**
- ✿ 12.33-12.41: Hemiresurfacing. **Dr. Lafayette Lage**
- ✿ 12.42-12.50: Rapid recovery after THA and direct anterior approach:
Dr. Nicolas Bonin
- ✿ 12.51-12.59: Are short stems the new standard for the Young?:
Dr. Boris García
- ✿ 13.00-13.08: Is there a place for athroscopy in the painfull total hip:
Dr. Filiep Bataillle
- ✿ 13.09-13.17: Difficult primary total hip replacement in deformed hips:
Dr. Paulo Rego

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- ✿ 13.18-13.26: The use of a dual-articulation acetabular cup system in hip arthroplasty: **Dr. Nicolas Bonin**
- ✿ 13.27-13.32: 2018 Periprosthetic Joint infection Consensus: Highlights: **Dr. Oliver Marin**
- ✿ 13.33-13.45: **Discussion**

Remarks and closing ceremony



ISAKOS



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Join the thousands working together to achieve the Mission of ISAKOS: Advance the worldwide exchange and dissemination of education, research and patient care in arthroscopy, knee surgery and orthopaedic sports medicine.

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SEDE-VENUE: Hotel Bahía Santander – 14 y 15 FEBRERO 2019

BOLETÍN INSCRIPCIÓN / REGISTRATION FORM

Secretaría Técnica/Technical Secretariat:

TORRES PARDO
C/ Nápoles, 187 2º. 08013 Barcelona
Tlf. +34 932 463 566 Fax. +34 932 317 972
Email: spiros@torrespardo.com

TORRESPARDO
Técnica de Gestión

Sede del Congreso/VENUE

HOTEL BAHÍA - www.hotelbahiasantander.es
CÓDIGO descuento habitaciones:
CONGRESO SHM2019 (Antes del 15 Diciembre)
HAB. D.U.I. CATEDRAL: 62,10 €
HAB. D.U.I. MAR: 75,60 €
IVA incluido

DATOS PERSONALES / PERSONAL DETAILS

NOMBRE/NAME:

APELLIDOS/SURNAME:

DIRECCIÓN/ADRESS:

CIUDAD/CITY: C.P.: PAIS/COUNTRY:

TFNO./PHONE: FAX: E-mail:

CUOTAS/ FEES

ANTES 20 NOVIEMBRE	DESPUÉS 20 NOVIEMBRE	EN SEDE
595€	645€	685€

IVA incluido. La inscripción incluye la asistencia a las sesiones científicas, documentación, certificado de asistencia, pausa café y almuerzo.

ENVÍO DE LA INFORMACIÓN

Enviar boletín de inscripción y copia de la transferencia bancaria a:

Secretaría Técnica: Torres Pardo
C/Nápoles 187 2º. 08013 Barcelona
e-mail: spiros@torrespardo.com
Tlf. +34 932 463 566 Fax. +34 932 317 972

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CANCELACIONES

El aviso de cancelación debe ser expedido a Torres Pardo S.L. por e-mail a spiros@torrespardo.com

La política de cancelación para las devoluciones es la siguiente:

- Antes del 20 de Diciembre de 2018: 50% Gastos Cancelación
- Después del 20 de Diciembre 2018: Sin reembolso

FORMA DE PAGO

INSCRIPCIÓN ON-LINE

En página web: www.santanderhipmeeting.com

TRANSFERENCIA BANCARIA

Transferencia Bancaria/Bank Transfer to Torres Pardo S.L. Ref. Nombre/Name y/and Santander Hip Meeting 2019

Banco: Bankinter C/Hernan Cortés 63-39003 Santander

Titular cuenta: Torres Pardo S.L.

Número de cuenta: IBAN ES46 0128 0380 0901 0007 8435

SWIFT BKBKESMMXXX

Envíe por e-mail o Fax una copia de la transferencia bancaria junto con el boletín de inscripción.

- e-mail: spiros@torrespardo.com
- Fax. +34 932 317 972

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SEDE/VENUE

Hotel Bahía Santander:

www.hotelbahiasantander.es

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